



12th ANNUAL CONFERENCE – GILLINGHAM (KENT) 19-20 JUNE 2010

Organising Committee

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Srinivas Samsani

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IOS (UK) Executive:

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Murti Gollapudi

Secretary:
Venu Kavarthapu

Treasurer:
Anand Arya

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Gautam Chakrabarty

Dear Colleague

On Behalf of the organising committee of IOSUK 2010, I cordially invite you to the 12th Annual Meeting of Indian Orthopaedic Society (UK) at Priestfield Conference & Banqueting, Priestfield Stadium (Gillingham Football Club), Redfern Avenue, Gillingham, Kent, ME7 4DD. An exciting programme of scientific, cultural and social events has been planned for the meeting.

Please do attend with your family members and colleagues to make it a grand success. Also, please pass on the registration details to any of your colleagues who may wish to attend the meeting and encourage them to join the IOS-UK.

You are also invited to submit scientific paper abstracts for presentation as detailed in the information pack. For the first time JBJS (Br) edition has kindly agreed to publish the abstracts of podium and poster presentations. To reduce the risk of rejection or resubmission, please stick to the guidelines suggested in the information pack. The scientific programme has been applied for appropriate CPD points.

If you require overnight accommodation, remember to book directly with the hotels using the contact details provided in the information pack. Some hotels have offered special prices if booked in advance (see the information below).

As this is a social and cultural event as well, please come with your family and friends. Kindly remember to stick to deadlines to allow for proper planning of catering and social events.

Further details on the meeting are available at our IOS-UK website, where you can find the downloadable application form. We are looking forward to welcoming you all to our exciting academic and social programme combined with excellent Indian family entertainment.

Best Wishes

Yours sincerely

Srinivas Samsani

Chairman Organising Committee
12th Annual Conference IOSUK-2010
Gillingham, Kent
iosuk2010@googlemail.com

IOS-UK 12th Annual Conference.

Gillingham 19-20 June 2010

Venue:

Priestfield Conference & Banqueting,
Priestfield Stadium(Gillingham Football Club),
Redfern Avenue, Gillingham, Kent, ME7 4DD.

Provisional Programme

9.00 am to 9.30 am:	Registration of delegates
9.30 am to 10.30 am:	Upper Limb Free papers
10.30 am to 11.00 am:	Guest Lecture
11.00 am to 11.30 am:	Coffee break and medical exhibition
11.30 am to 12.30 pm:	Lower Limb Free papers
12.30 pm to 1.00 pm:	Guest lecture.
1.00 pm to 2.00 pm:	Lunch and medical exhibits.
2.00 pm to 3.00 pm:	Foot & Ankle and Trauma Free papers
3.00 pm to 4.00 pm:	Guest lecture
4.00 pm to 4.30 pm:	Coffee break & medical exhibition
4.30 pm to 5.30 pm:	Basic sciences, Spine, Paediatrics Free papers
5.30 pm to 6.00 pm:	Guest Lecture
6.00 pm to 6.10 pm:	Best paper / poster presentation

End of scientific session

6.10pm to 6.40pm:	AGM for members
7.30 pm till late:	Entertainment and Dinner.

ACCOMMODATION:

Please book hotels directly and urgently with the hotels as weekends are busy times. Also please note that hotels are at a slight distance away from the venue for Scientific Meeting and Dinner. Bus transport will be available between hotels and venue in the morning as well as before and after dinner. The following hotels are close to the venue for meeting and the dinner;

1. **Ramada Encore, Chatham:** (Closest to venue. 5 minutes drive):
30(10 twin, 10 double, 10 family) rooms have been blocked for IOSUK at a special price (each room cost £75 including BB per night for single or family) until 18th May.
Address: Ramada Encore Chatham, Western Avenue, Chatham Historic Dockyard, Chatham, Kent, ME4 4NT.
Reservations: +44 1634 891677. Email: reservations@encorchatham.co.uk.
Driving directions: leave the M2 at junction 4 and follow the brown tourist signs for Chatham Historic Dockyard (Brown Anchor). These signs will bring you direct to the hotel.
2. **Premier Inn** (2nd closest):
Address: Will Adams Way, Gillingham, Kent ME8 6BY.
Reservations: 08701 977 105
Driving direction: From M2 (J4), turn left along A278 to A2. Turn left at Tesco roundabout and the Hotel is left at the next roundabout.
3. **Holiday Inn Rochester Chatham** (about 3 to 4 miles from venue). Near Rochester airport.
Address: Maidstone Road, Chatham, Kent, ME5 9SF.
Reservations: 0871 9429 069
Driving directions: Leave M2 at J3 and follow the A229 for Chatham. From M20 leave J6 and follow the A229.
4. **Bridgewood Manor, Chatham** (about 3 to 4 miles from venue).
Address: Bridgewood Roundabout, Walderslade woods, Chatham, Kent ME5 9AX.
Reservations: 01634 201333, Email: bridgewoodmanor@QHotels.co.uk
Driving directions: Follow the signs for M20 and A229 then immediately follow signs for Chatham/Rochester A229. At the roundabout, take the exit signposted A2097 Borstal/Bridgewood. Travel down the hill to the Bridgewood roundabout and take the third exit, under the flyover. Bridgewood Manor is 50m on the left hand side.

We would like you to come and sample the varied cultural mix, the culinary delights and the manifold attractions of Kent, "the Garden of England". Finally, whilst I have made every endeavour as much as possible to contact every one concerned, I request you to kindly pass on this invitation to any colleague or friend who might not have received this invitation but who may be interested in attending.

I would also strongly urge you to become life member of our Society, if you are not already a member. Please note that the delegate fee is up to £30 less for life members.

I very much look forward to seeing you all on 19th and 20th of June 2010.

With best wishes

Yours sincerely

Srinivas Samsani
Chairman Organising Committee
12th Annual Conference
Indian Orthopaedic Society (UK)
Email: iosuk2010@googlemail.com

REGISTRATION FORM

Title	
First Name	
Surname	
Address	
E Mail	
Day Time Telephone	
Mobile Phone	
Are you Currently a Life Member? (YES or no)	
Names of Family Members and guests attending. (Please also indicate ages of Children)	
Do you require vegetarian meals?	
Current post	
Spouse programme: 19-06-10	
Number of adults and children attending	
Do you need child care on 19th June 2010 (limited)	

ITEM	LIEF MEMBER	NON- LIFE MEMBER	SUB-TOTAL
Registration fee for a family (includes dinner for 2 adults + up to 2 children).	£90	£110	
On-site registration for family(includes dinner for 2 adults + up to 2 children) (limited)	£110	£130	
Guest	£40		
Single	£40	£50	
On-site registration. Single.	£50	£60	
Life Membership (please fill in the attached application form from the IOS(UK) website, fill in and send it along with this return slip)	£100		
Grand Total			

Please print out and fill in the above form and send it along with a CROSSED CHEQUE for appropriate amount, to be made payable to "IOSUK 2010", to

Mr Srinivas Samsani (Ph: 07517043046, email: iosuk2010@googlemail.com)
6 PRIMROSE AVENUE,
WIGMORE, GILLINGHAM
KENT, ME8 0TD
No later than 31st May, 2010.

GUIDELINES FOR ABSTRACT SUBMISSION TO GET PUBLISHED IN JBJS SUPPLEMENT

1. Word Processing

Text may be prepared in any format you wish as long as the text is prepared in accordance to these instructions and saved as a Rich Text Format (RTF) file.

Use single line spacing. Set the tab to a 5 character indent.

After each abstract leave a 2 line space before the next.

2. TEXT FORMAT

2.1 Starting Text

The title should be in bold capitals (upper case), flush to the left margin. On a new line the authors' names should start with their initials, each followed by a full stop before the surname. No medical degrees or appointments should be included. After the authors' names there should be one full address for correspondence. Leave 1 line space before beginning abstract.

2.2 Paragraphs

Indent the text at the beginning of each new paragraph except the first. Do not leave any space between paragraphs.

2.3 Spelling

For English spelling, use the Concise Oxford Dictionary or The Oxford Dictionary for Writers and Editors. Note, however, the following:

Use "ise" not "ize" spellings.

2.4 Underlining/Italic Type

Underlining, or italic type may be used to stress words or phrases.

2.5 Capitals

Use capitals for proper names, titles, geographical names, trade names.

2.6 Hyphens

Hyphens are most often used in compound adjectives, e.g. well-prepared lecture, up-to-date report. This is extremely important when confusion may be caused if there are no hyphens: compare "three-day old kittens" with "three day-old kittens".

2.7 Abbreviations and Contractions

Abbreviations not in common use should be spelled out in full the first time they occur in a typescript.

Examples: Greenwich Mean Time (GMT).

Short names (of countries, institutions, honours) and well-known acronyms are abbreviated without full stops and without space between the letters.

Examples: USA, UK, PM (Prime Minister), ESR, WBC, FRS, BA

Contractions (the last letter of the word is included) do not have a full stop.

Examples: Ltd, Mr, Dr, Mrs, Ms, St (Saint). This also applies to scientific terms (see under Measurements and Units) and chemical elements (see section on Chemistry).

3. ILLUSTRATIONS

Illustrations are not acceptable in any form. Any illustrations included in the RTF files will be deleted.

4. TABLES

Tables are not acceptable in any form.

5. SCIENTIFIC TERMINOLOGY

5.1 Numbers should be set out as follows: one to nine in words (but with unit use numerals - 1 g, 5 kHz etc);

10, 100, 1000 (no comma), 10 000 (thin space, no comma);

1 000 000 or one million;

\$16 (not \$16.00), \$5.45;

Decimals:

6.9 (point on line), 0.78 (not 78), 1.5), 20 g (not 20.0 g);

one-half, three-quarters (in text only);

20% (not "percent" in words, unless the number is also written in full at the beginning of a sentence);

When a sentence begins with a number, write it out in full (e.g. "Eighty-five percent"). If this is difficult try to rewrite the sentence.

5.2 Measurements and Units

Measurements and units should be in metric SI units with their proper abbreviations. The basic SI units are:

Length: metre (m) Time: second (s)
Mass: Kilogram (kg) Temperature: Celsius (C)

Note especially the following SI units and abbreviations:

Force: Newton (N), not jg force

Work and energy of any kind: joule (J), not erg

Power of any kind: watt (W) Voltage: (V)
Light flux: lumen (lm) Radioactivity: curie (Ci)

Note the abbreviations for minute (min), hour (h) and litre (l not L), and especially microgram (μg) and microlitre (μl). For cubic centimetres, use cm^3 and for liquid measures ml (not cc or c.c.). There are no full stops or plurals when the official abbreviations are used. The prefixes k, μ , u, n and p should be used where appropriate. It is preferable to avoid non-metric units, but if essential they may be used in parentheses after the proper SI unit. Measurements of blood pressure should be in mmHg.

5.3 Chemistry

Text: Elements do not have a full stop after the abbreviation - e.g. Fe (iron), K (potassium), Cu (copper), Ag (silver).

5.4 Biology

The Latin names of organisms should be underlined, or set in italics if available. At the first mention, they should appear in full, with the generic name with an initial capital - e.g. *Escherichia coli*. Thereafter the generic name may be abbreviated to an initial capital letter - E. Coli - as long as there is no confusion with another organism.

6. EXAMPLES

The following pages show an example of correctly typed abstract.

CHANGE IN TUMOUR VOLUME AS A MEASURE OF CHEMOTHERAPY INDUCED NECROSIS IN EWING'S SARCOMA OF THE BONE

A. Abudu, R.J. Grimer, M. Davies, P. Pynsent, D.C. Mangham, R.M. Tillman and S.R. Carter
Royal Orthopaedic Hospital Oncology Service, Birmingham B31 2AP, UK.

Reduction in tumour volume following chemotherapy may in part be due to necrosis of neoplastic cells, reduction of the supporting stroma or resolution of tumour-induced inflammation. We analysed the CT/MRI scans and histology of 50 patients with Ewing's sarcoma of the bone treated between 1983 and 1993 to determine the correlation between change in tumour volume and tumour necrosis following chemotherapy; and determine the influence of tumour necrosis and change in tumour volume on prognosis. The mean age was 18 years (range 5 to 40 years), 40 of the tumours were located in the extremities and 10 centrally. The volume at diagnosis varied from 31 to 1790 ml.

There was a negative correlation between observed change in volume and necrosis ($r = 0.73$, $p = 0.0001$). Tumour progression, despite chemotherapy, was only seen in those with less than 60% necrosis. The relapse-free survival and overall survival were 71% and 78% respectively for those with more than 90% necrosis and 37% and 59% respectively for those with less than 90% necrosis ($p = < 0.05$). Though the outcome in patients with more than 40% tumour volume reduction was better than those with less than 40% reduction this did not reach statistical significance. We found no relationship between tumour volume and serum lactate dehydrogenase levels at diagnosis. Patient's weight, sex, body mass and index and tumour site did not affect change in tumour volume following chemotherapy or the observed tumour necrosis.

We conclude that change in tumour volume is a good predictor of chemotherapy induced necrosis and that necrosis is a strong prognostic factor in Ewing's sarcoma of the bone.



Indian Orthopaedic Society (UK)

www.indianorthopaedicsociety.org.uk

Title and Surname	
First Name	
Qualifications	
Current Appointment	
Hospital Address	
Home Address	
Telephone - Home	
Telephone – Work	
Telephone – Mobile	
E-mail	
Do you give consent to include your details in the secure members access only web-page YES / NO	
Please state your sub-speciality areas of expertise you may be willing to contribute to the developments in India (such as giving lectures in Indian Orthopaedic Meetings). This information may be shared with Indian Orthopaedic Association so that the members may be invited for such contribution.	

Please send the completed application form enclosing a cheque for £100 payable to 'Indian Orthopaedic Society UK' and send it along with the registration form.