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Dear Colleagues

2010 seemed to be packed with exciting adventures for the IOS UK. It has instilled into the Team an intense enthusiasm to forge ahead with ideas and events. The President's theme is: - *"Bringing British and Indian Orthopaedics together through training and education"*.

12th Annual Conference IOS UK 19TH - 20th June 2010

This was a fantastic event, hosted by Srinivas Samsani and Bijay Singh and his Team. We were delighted to have Atul Joshi from the United States who talked about "Establishing Joint Ranch Care for Orthopaedic patients". Other guest lecturers were Professor Dishan Singh, Prof Andrew Amis, Prof Sean Hughes and John Shepherd and James Scott Chief Editor of JBJS. It is an achievement to hear from him that the scientific content of the I.O.S.U.K. educational sessions were high enough to merit publication in the JBJS supplement.



The highlight of the meeting was a joint open forum discussion between the IOSUK core group, IOA represented by their President Prof Ashok Johari, BOA President elect Joe Dias and BOTA President Howard Cotton and their secretary Ines Reichert. There is enthusiasm to consider Fellowship Training for post FRCS British Trainees in Centres of Excellence in India. You will be pleased to know that the IOSUK BOTA Fellowship proposal has been accepted by the SAC. A document has been prepared by us, which will be utilised to gather evidence of training from various training centres in India.



We were privileged to have Lord Swaraj Paul as our distinguished guest for the evening dinner. His wise words and praise go a long way to make our dreams a reality. He was accompanied by his daughter Miss Anjali Paul. The organisation is indebted to her for her support.



The evening dinner was attended by almost three hundred and fifty guests, the largest attendance of all previous meetings.



The meeting also witnessed the handover ceremony of the Presidenship of the I.O.S.U.K. Mr Murli Gollapudi has steered the organisation to great heights and elevated it to a position of respect and command. I and my Team would like to salute him. We will need him for advice and direction all the time.



Both the Education Committee and the Executive Committee have a new modern look, comprising of

committed colleagues. I look forward to working with them.

Junior Indo-British Travelling Fellows 2010



We had a very successful programme this year. The two week Fellowship Programme was in June, which included their participation in the Annual Conference in Kent. This programme was supported by BIOMET through their education grant. Their report is posted on our I.O.S.U.K. website.

Senior Junior Indo-British Travelling Fellows 2010

The IOS U.K. was privileged to have three very distinguished guests from India.

Prof Rajesh Malhotra from AIIMS New Delhi, Prof Narinder Kumar Magu from the Postgraduate Institute of Rohtak and Dr Yatin Kharbanda from Apollo Hospital New Delhi.



They spent their first four days at Glasgow at the combined Orthopaedic BOA Congress and at the Golden Jubilee Hospital. They had the opportunity to display their posters and Professor Rajesh Malhotra delivered a podium presentation which was well received. They then travelled to Wrightington Hospital and Huddersfield Royal Infirmary as well as the Royal National Hospital at Birmingham to witness primary and complex joint replacements as well as pelvic and acetabular surgery.

Professor Magu has sent in a report making very valuable suggestions.

The IOS UK wishes to thank Caparo Medical Products for their valuable sponsorship.

BOTA/IOSUK Travelling Fellowship Programme 2010

Inder Gill from Newcastle and Neil Kang from London were the first British trainees to visit centres in India. Inder Gill did his training at Ganga Hospital Comboitore under the able supervision of Professor Rajasekaran while Neil Kang went to Mumbai and received training

under Dr Sanjay Desai. Both have spoken volumes of their time spent in India. Their reports will be published in both the I.O.S. and the BOTA Newsletters.

IOA State Chapter Sponsored Fellowship Programme 2010

We had two Fellows in October this year. They spent two weeks at Tameside General Hospital under the care of Mr B Muddu and in Glasgow.

This year we are expecting Fellows from K.O.A. as well as M.P.O.A. We are hoping to streamline their programme to coincide with the I.O.S.U.K. annual event.

13th IOS UK Annual Conference 2011:

This is being organised at Birmingham. The venue is the British Motor Cycle Museum on 25th June under the Charimanship of Mr K P Meda. The first invite is posted on the website. We are all looking forward to an exciting time. Please put this date in your diaries.

Core Committee and Education Committee meetings

The first meeting of the office bearers took place at my place in Chester on the 8th of August. The essential purpose was to discuss every aspect of the Organisation and plan for future events.

The first E.C. meeting took place in London on the 7th of November, hosted by our Honorary Secretary Venu Kavarthapu sponsored by T.R.B. Chem Medica. This was essentially attended by almost all Committee members. A number of decisions were made. The Minutes are posted on the website for members only.

The Education Committee meeting took place on the 16th of January at Huddersfield hosted by Gautam Chakrabarty, our Education Secretary.

Felicitation of Prof Mayil Vahanan Natarajan, VC of Tamilnadu Dr MGR Medical University by Royal Society of Medicine on 02.10.2010



It was a proud moment to be part of an occasion when the RSM honoured Professor Natarajan. This meeting was organised by the Madras Orthopaedic Alumni Association in conjunction with the IOS UK.

The IOS UK would like to thank Raja Marimuthu and Venu Kavarthapu for organising this event, which was well attended.

A document was signed between Professor Tim Briggs and Professor Natarajan for exchange fellowship between the Royal National Orthopaedic Hospital at Stanmore and The Tamil Nadu Dr M.G.R. Medical University.

IOACON Jaipur December 2010

The 55th Annual Conference was organised by Professor R Bhargava. There was a respectable number of IOSU.K. and BOA members, as guest speakers. The conference was held in the Birla Conference Centre, a very impressive building indeed with sprawling gardens.



The highlights of the IOACON conference were:-

1. **IOS U.K. satellite symposium.** This was expertly conducted by Venu Kavarthapu with the involvement of the BOA President Peter Kay, President elect Joe Dias, Ashok Johari President IOA and Sudhir Kapoor, Secretary I.O.A. and I Gill BOTA Training Fellow. This was well attended by numerous Senior Consultants from Indian Universities. The proposed travelling Fellowship has already received huge support but to consider long term training fellowship would require thought and planning. There are several issues of capacity, funding, recognition by the Medical Council of India. These issues were debated and there are already plans to find solutions. It is hoped that in both the private sector hospitals as well as in the government hospitals there are enthusiastic trainers to take up this responsibility.

2. Inauguration of Indian Orthopaedic Training Association InOTA.

I felt proud to be part of this inaugural meeting. Ashok Johari President of IOA had made tremendous efforts to gather fifteen very dedicated trainees. A committee has been formed and has the full support of the IOA. I was pleased to see that both the British Trainees Neil Kang and Inder Gill took an active role in giving appropriate advice. On behalf of the IOS UK, I have given my full cooperation.

3. BOA/ IOSUK Trauma Symposium.

All credit goes to Raj Murali who organised this session and conducted this very professionally. We were welcomed by the organising Secretary and the Principal of the Medical School. Various aspects of both upper

and lower limb fractures including peri prosthetic fractures were the subject of presentation together with audience participation with case presentations. I sincerely hope this format of joint effort from the IOSUK and the BOA will continue in future years.



Medical Elective in India

Deepak Shivana, Assistant Professor at Bangalore Medical College and Research Institute as well as Overseas Co-Ordinator in India for IOSUK and Dr Sharon Patil, Director of Sparsh Hospital in Bangalore have jointly taken the responsibility of the supervision of medical electives for British Graduates and medical students. Navnit Makaram and Kanai Garala had the privilege of gaining this elective experience last year.



Kanai outlines his summer experience in Bangalore as follows:-

“Orthopaedic Surgery in India is very different from its Western counterpart. In the UK the focus of an Orthopaedician’s work is of an elective nature, but I learnt otherwise within one hour of being at Sparsh Hospital. At this World Class Institute laid floor to ceiling with marble, I was given a trial by fire and was bluntly shocked at the amount and degree of trauma that patients suffer. During my stay I assisted in a wide variety of surgery.

While I was there, I was given the wonderful opportunity of presenting material to a large group of medical students about the basics of fractures, including fracture neck of femurs and how to take a history and examination of knees and hips”.

Kanai Garala is now a final year medical student at Leicester and any medical student or graduate who wishes to do a medical elective in Bangalore could contact him at his email address.

Interested applicants are also advised to look at the IOSUK website for further details and application process.

Future Plans

1. Senior Consultant Indo British Visitation.

IOSUK is restarting the senior consultant visitation programme to Indian centres of excellence, with financial support from DePuy, BOA and IOA. Two British senior consultants will be sent to Indian centres, accompanied by one IOSUK member. Further information will be available from IOSUK website.

2. The WBOA/BOA Conference in Calcutta 25th February 2011.

The IOS U.K. proudly announces the formal arrangements being made for this very interesting joint venture. Thanks to Venu Kavarthapu and Rakesh Rajput for their joint efforts for organising this trip, which is likely to include the prospect of being at the cricket World Cup match between England and India.

3. 3rd Indian Summer Meeting at the BOA 2012

IOSUK is making plans to request the BOA President elect to host the 3rd Indian Summer meeting at the BOA conference in Manchester in 2012.

This year's fellowship programme adverts are on the website. There have already been several interested candidates. I hope as in previous years we will have a very eventful year.

My best wishes to all. Please talk to your Indian colleagues to encourage them to become members and become part of this wonderful family.

Mr Amit Sinha FRCS (Tr&Orth)
President Indian Orthopaedic Society U.K.