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Dear Colleagues

2012 brings with it a promise for a bright future for our organization. We are hoping for a number of fresh ideas and journeys for the IOS UK.

13th Annual Conference IOS UK 25TH - 26th June 2011

In the summer of 2011 our annual meeting was organised in the heart of England, Birmingham at the National Motorcycle Museum. Mr KP Meda and his team must be congratulated for the fine organization. The excellent attendance and the feedback from them gave us a measure of how well the programme was structured.

The meeting was graced by the eminent speakers from three parts of the world. Prof RP Bindra coming from USA, Prof R Naik from India, Mr DHA Jones from South of England and Mr J O'Hara from heart of England.



The scientific session was attended by Prof. Joe Dias, our President of the British Orthopaedic Association.

We thank Hon. Miss Anjali Paul, who is an extended supporter of our society to grace the occasion in her busy schedule.

The spouse programme was absolutely fantastic with visits to the Warwick castle the first day followed by a memorable journey to Shakespeare's birthplace and the river cruise on river Avon the following day.



We were sponsored generously by sixteen exhibitors from major companies, DePuy being the major sponsor of the meeting. We thank each one of them for their presence and continued support.

The evening dinner was very special, with everyone joining in the fun to celebrate yet another great success.



Junior Indo-British Travelling Fellows June 2010

We had a unique and a very successful programme this year. The programme included 3 IOA State chapter fellows as well from Kerala and MP. Every individual was given due respect to organise their fellowship around their chosen field of interest.

Dr Amite Pankaj from University College of Medical Sciences and GTB Hospital and Dr Rajiv Thukral from Max Healthcare, New Delhi and Dr Raju Karrupal from Calicut Medical College spent their fellowship in various hospitals in London, Kent and at Adenbrooke's hospital in Cambridge. Rajiv Thukral also spent a day in theatre with the maestro, Mr Chris Dodd learning the intricacies of "Unicondylar knee replacements".

Their report is posted on our IOS UK website.



This programme was supported by BIOMET through their education grant. The IOS UK is indebted for their support.

IOA State Chapter Sponsored Fellowship 2011

Kerala: Dr Jim Vellara from Metropolitan Hospital, Trichur spent a week at the Spinal Unit at Hope Hospital, Manchester and the second week at the Roberts Jones Agnes Hospital at Oswestry in June.

MP: Dr Arunangshu Mukherjee from M G M Medical College and M Y Hospital, Indore and Dr Rehan UI-Haq from UCMS & GTB Hospital, New Delhi had their fellowship at King's College, Guy's and St George's hospitals at London in the first week and at the teaching hospitals at Leicester in the second week of June.

Karnataka: The fellows came in October. Prof Manoj Kumar HV from Browing and Lady Curzon Hospital, Bangalore Medical College did his spine fellowship at Derby and Oswestry. Dr Gururaj Murgod from Karnataka Institute of Medical Sciences, Hublilee spent four weeks at Tameside General Hospital, Ashton upon Lyne.

Senior Indo-British Travelling Fellows Sept 2011

The IOS UK selected three very distinguished Fellows from India. Prof Anil Dhal from Maulana Azad Medical College, New Delhi, Dr Avtar Singh, Amandeep Hospital, Amritsar and Dr Raju Vaishya, Apollo Hospital New Delhi. They spent 2 days at Dublin at the combined British / Irish Orthopaedic Congress. They had the opportunity to display their posters and Professor Anil Dhal delivered a podium presentation on "*Limbs with vascular trauma- salvage with limited resources*", which was extremely well received.



Their fellowship was organised at King's College Hospital, Guy's Hospital and Royal Stanmore at London and their second half at Leicester General & Glenfield Hospital at Leicester.

The IOS UK is grateful to all trainers, who put have in tremendous effort to the success of these fellowships.

The IOS UK wishes to thank Caparo Medical Products for their valuable sponsorship.

Independent IOS UK Fellowship (Self-Funded) 2011

Dr Kashyap L Ardeshana, Consultant Orthopaedic Surgeon at Junagarh, Gujarat spent two weeks in

August at the Golden Jubilee Hospital, Glasgow with Mr Kamal Deep.

BOTA/IOSUK Travelling Fellowship 2011 -12

All three fellows this year are from London. The dates of their fellowships and places are as follows.

S. Philip Mathew:
Jan 9 – 20th Jan, Christian Medical College, Vellore with Prof Binu Thomas

Saket Tibrewal:
Feb 13 – 19 Dr Arun Mullaji, Mumbai
Feb 20 – 26 Prof Rajasekaran, Ganga Hospital, Coimbotore

Rej Bhumbra
March 12 – 30 Tata Memorial Hospitals, Mumbai with Prof Ajay Puri

This is very encouraging and we look forward to their reports.

Golden Jubilee Arthroplasty Fellowship, Glasgow

On behalf of the IOS UK, I wish to congratulate Mr Kamal Deep for offering a superb opportunity for orthopaedic trainees from India for an International Medical Graduate Fellowship in Joint Arthroplasty and computer Navigation at Golden Jubilee National Hospital, Glasgow UK, which is one of the most prestigious centres in the country. This has been organised with the education committee of the Indian Orthopaedic Association, with the aim of selection of the candidate during the IOACON in December each year. The first fellow for 2011, Dr Latif Jafar Jilani from Aligarh University is already working at the hospital.

Honorary IOS UK Membership 2011

Last year the AGM endorsed two strong supporters of the Indian Orthopaedic Society.



Prof Peter Kay, Past President of the BOA and Consultant at Wrightington Hospital has been instrumental in helping our organization to achieve several milestones. The IOS UK is indebted to him for his tremendous support.

Prof Simon Frostick, Head of Department at Liverpool University has over several years been a mentor to many orthopaedic trainees and consultants.

Irish/ British Orthopaedic Congress Dublin Sept 2011



The congress at Dublin was very special with over 1100 delegates. The IOS UK fellows were mentioned in the inaugural speech by the British and Irish Presidents. I must thank Mike Kimmons, CEO of the BOA for organising a "coffee meeting" with Peter Kay and Joe Dias with their respective counterparts Rajiv Naik and S Rajasekaran together with the IOS UK & IOA fellows. It was a wonderful opportunity to discuss future collaborations between the three organisations. The proposal of a "British Spring" was put to Dr Rajasekaran for the next IOACON meet at Chennai 2012. It was also confirmed that the IOS UK would organise the 3rd Indian summer scientific meet at this year's BOA congress at Manchester.

The social events, particularly the banquet at the Guinness storehouse has been an unforgettable experience.

Annual meeting of Indian Arthroplasty Association Hyderabad 14 – 16 Oct 2011

IOACON Noida December 2011

The 56th Annual Conference was organised by Dr Naresh Chand. The IOS UK was well represented. There were 8 of us together with a number of colleagues from the UK as guest speakers. The conference was held in the Great Celebration grounds, a sprawling field, which was neatly divided and decorated with marquees, which served as lecture halls.



It was heartening to see a vast number of guest speakers from the UK.

I was delighted to meet the President elect Dr S Marya. He appreciates and honors our contribution. We will

ensure that our organisation continues to play a major role cementing our links with the IOA.

Trauma Symposium at BD Sharma University of Medical Sciences, Rohtak 11 Dec 2011

Prof N K Magu, Head of Dept of Orthopaedics at Rohtak and I organized this symposium as part of the Golden Jubilee celebration of the unit. Prof S Sangwan, Vice Chancellor welcomed us. We were helped by Dr Ajay Bahl and his team from Delhi and Ashok Goel. This was well attended by over 120 trainees, consultants and medical students.

The IOS UK team was represented by Radhakant Pandey, Kamal Deep, Vikas Khanduja, Ravi Dimri, Ved Goswami and I. We are well aware that acute trauma care in India could be vastly improved by increased awareness and proper education. We really enjoyed the symposium.

Indian Arthroplasty Association Conference, October 2011, Hyderabad.

This highly successful conference held over 3 days had good participation from IOSUK members. In addition to large participation by faculty from Europe, Australia and USA, the highlight of the meeting was facilitation of Dr Chittaranjan Ranawat with IAA Life Time Achievement Award. Mr Venu Kavarthapu, Mr Radhakanth Pandey, Mr Prabhakar Motkur, Mr Krishnakanth and Mr Deepthinandan were among the participants from IOSUK. Mr Venu Kavarthapu was appointed as the overseas executive member of IAA.



IOS UK Member's Achievements 2011

The IOS UK feels proud of the achievements of our members. It's a tremendous honour to see our fellow colleagues reach the highest level of management and regulation of training and educational activities.

Prof Joseph Dias: President of the BOA
Kartik Hariharan: President BOFAS
Rohit Kulkarni: President Elect BESS
Gautam Chakrabarty: Secretary BASK
Ravikumar Ratukondla: Elected BOA Council

IOSUK Overseas activities.

Dr Alok Agarwal is the overseas representative for central Zone. Mr Amit Tolat and Mr Bijay Singh participated in the MP State Chapter Annual Conference 2011 organized by Dr Alok Agarwal. Two IOA MP state chapter IOSUK travelling fellows, Dr Ashish Gohia and Dr Rajesh Jain were selected during the meeting. The Journal of Orthopaedics, Traumatology and Rehabilitation from Central Zone of IOA requests IOSUK members send any scientific work to this journal for publication. Dr Agarwal is also keen to arrange two fellows from Central Zone to attend IOSUK fellowships. He also requests two visiting speakers from IOSUK to attend the Central Zone Annual Conference during the later part of the year.

Dr Deepak Sivanna is the overseas representative for South Zone. Two Karnataka sponsored IOSUK fellows completed fellowship last year and two more fellows are being selected for this year. Dr Sivanna has been co-ordinating IOSUK and Sparsh Hospitals Medical Elective programme in Bangalore for British Medical Graduates. The programme is tailor-made according to the needs of the students rotating in the departments of orthopaedics, plastic surgery, anaesthesia. Mr Venu Kavarthapu recently signed a memorandum of understanding in Bangalore on behalf of IOSUK. Interested students can find the application forms and information in IOS UK website.

The 5th Bangalore Shoulder Course was conducted at Sparsh Hospital, Bangalore, on 3rd and 4th December 2011 under the aegis of IOSUK. Professor A Wallace, Mr. Jeyam, Mr. M Web, Mr B Machani, Mr. B.N. Muddu were among the UK faculty.

Future Plans

1. 14th IOS UK Annual Conference 30th June – 1st July 2012. Venue: Thistle Glasgow

This is being organised under the very dynamic leadership of Mr Kamal Deep, Consultant surgeon at Golden Jubilee Hospital. The first invite is posted on the website. ***Be an early bird and book in early and submit your papers soon.***

2. Indian Summer (BOA Congress 2012) Manchester 11 Sept

We are delighted to announce that we are organizing the "Indian Summer" this year at the Manchester Central Convention Centre (GMex centre). The scientific session will be followed by an Indian themed dinner. Preparations are going ahead. Please put this in your diary and spread the word around. There will be special rates for IOS UK members. **You must come.**

3. IOS UK Website

The website is being modernized and hopefully within the next 6 months we will witness an updated version. If you wish to suggest something, please let me know.

4. IOS UK Logo.

We had a very healthy competition with a number of entries. The top two entries by Amit (Water Media) & Amitava Dutta were selected at the AGM at Birmingham. The final design is being worked by a professional and I hope it will be endorsed at the coming AGM at Glasgow.

5. IOACON 12 – 16 Dec 2012, Chennai

Prof Mayil Vahanaan Natarajan, the organizing secretary promises to "celebrate change" and invites us to the IOACON 2012 at the Convention centre at the Chennai trade centre.

This year's Indo-British fellowship programme adverts are on the website. I am looking ahead to an eventful year.

My sincere thanks to the committee members and innumerable friends, who have been parts of the team committed to take this organization forward.

My best wishes for a Happy New Year to you and your family.

Mr Amit Sinha FRCS (Tr&Orth)
President Indian Orthopaedic Society U.K.