

Indian Orthopaedic Society UK Annual Conference Llandudno, North Wales 20th June 2009

Report on Scientific Meeting

The 11th annual IOS UK conference this year was organized in the beautiful coastal town of Llandudno in sunny North Wales. This was a hugely successful meet with participation of esteemed Professors of Orthopaedic surgery from both the UK and India. The scientific session was conducted at the Venue Cymru.

The scientific committee was chaired by Mr R Singh, Mr S Karlakki and Mr R Kanvinde. There were 14 free paper sessions from trainees and fellows from the UK and India. The best paper was awarded to Amresh P Singh from Birmingham for a well conducted research trial on "Weight loss in obese patients following Total Knee replacement- myth or reality?" The second prize went to Anup Kumar, Assistant Professor from Mangalore for his presentation on "Pre-operative Ultrasound in de Quervain's disease". In total there were 15 poster presentations. The best poster award went to Mr P Mestha from Eastbourne on a very important subject; "Improving the Pre-Operative Management of Fractured Neck of Femurs: A District General Hospital Audit Case Study".

This was followed by guest lectures from Prof W Angus Wallace, University of Nottingham on "New Trends in Managing Shoulder Disorders". Mr Glynne Andrew from Bangor presented a detailed "Update on hip problems in young adults". Prof Joseph Dias of University of Leicester gave an insight on "Measuring Outcomes in Orthopaedics". Dr G Reddy of Krishna Institute of Medical Sciences, Secunderabad, India won everyone's attention by a delightful account of "Orthopaedic Surgery in India - The changing Trends". Prof P Kay of Wrightington Hospital discussed a thought provoking lecture on "Hip replacement – a cemented socket in every case" Prof Robert Owen Emeritus Professor Liverpool University took us down the memory lane with his presentation "Orthopaedic Relationship with India" to remind us and feel proud of the training we have all had both in India and the UK.

This year we decided to hold a symposium. This was chaired by our President, Mr Murti Gollapudi. The expert panel consisted of Professors Angus Wallace, Joe Dias and Dr Gurava Reddy. The topic "Training in the UK for Orthopaedic Surgeons from India" was difficult and controversial, but raised a number of important issues which was debated among the panel members with active participation of the audience. The emphasis was that there should be appropriate training fellowships organized in the UK for selected Indian orthopaedic trainees for a limited period of 2 years. The Medical Training Initiative programme was debated at length.

It was a delight to invite three Indo-British Travelling Fellows, Dr Ajay Puri, Dr J Dheenadhayalan and Dr Manish Chadha to present their travel report. Amongst the delegates were two Karnataka Orthopaedic Association Fellows, Dr Anup Kumar and Dr Anand Galagali, who had presented their research papers earlier.

The awards were presented by Prof R Owen.

There were 76 delegates. The scientific session was conducted in Deganway Room and arrangements for lunch and beverages were made in Orme suite at the Venue Cymru. The Exhibitions were held in the Orme suite. Altogether there were 16 exhibitors from

major companies. Depuy UK were the main sponsors and the local organizing committee members express their gratitude for their enthusiastic support.

The scientific meeting was followed by the AGM and the meeting concluded at 7pm.

Amit Sinha
Chairman, IOS (North Wales) 2009

Report on Social Activities

It was an absolute pleasure to invite families from all over the country. Initially I was quite apprehensive, but as the plans were finalized and the details outlined I was confident to share an experience.

On the Saturday 20th of June, we headed off to Snowdonia on two coaches loaded with our lunch packs. Unbelievably, we managed to leave on time. There were 77 of us, wives and children. The bus journey took us through beautiful countryside. We reached Llanberis, had lunch and were ready to board the train. Incredibly, we all accommodated in one train. This was one great family. The train route took us to the summit of Snowdonia. Quite a number of families and children walked the remaining steps to the top. It was cloudy, but everyone enjoyed the thrill walking through the clouds with occasional glimpses of the horizon. We returned back to Llandudno by 5pm.

The Conference dinner was held at the Regency Royal Hotel. There were approximately 140 guests. Everyone enjoyed the evening meal. This was followed by music and dance to bollywood songs. It was delightful to see everyone have a good time till well after midnight.

The following day, in spite of the light drizzle we braved ourselves for a trip to the Great Orme by cable cars. The weather did not dampen our spirits to capture the enchanting views of the Great Orme, the sea and the coast line. We returned to the hotel and were greeted to a delicious lunch of chole, batore and chicken. Very soon it was time for everyone to depart. I was pleased that quite a few packed in sweets to take home, together I hope, with everlasting memories of the trip to North Wales.

I would like to thank Madhusudhan and Sanat Shetty for their tremendous organizational skills. Without their expertise all this may not have been possible.

The local organising committee wishes to thank all the guests, delegates and the sponsors who contributed to make this event a memorable one. Amit and I would specifically like to thank Murti, Venu, Anand and Jay for their support.

Manjula Sinha
Chairwoman, Social Programme IOS (N Wales) 2009