

## REPORT BY DR DHEENA DAYALAN

It was indeed a pleasant surprise, when a phone call from Mr. Venu said that I had been chosen as a traveling fellow for this year. Dr. Manish Chadha [from Delhi] and Dr. Ajay Puri [from Mumbai] were the other candidates. We landed in UK on the 13<sup>th</sup> June against a backdrop of Swine flu fear in UK. We checked into a hotel which is well connected to all the places in London.

The next day was spent in sight seeing of London and met Mr. Venu at his residence. We were provided with details of our travel, hospital visits and the key contact persons followed by the dinner. Here we were received with warmth and showered with the affectionate Indian hospitality. Venu's Father in law added delight to the hospitality.

Each of the three traveling fellows traveled in different directions in seeking technical tips in our specialty. I traveled to Gillingham; Medway and Maritime Hospital. After a bit of wait at hospital Reception I managed to meet Mr. Tolat in operation theatre.

I had a very warm reception by Amit and later by Srinivas Samsani. Amit demonstrated the steps of Copeland shoulder arthroplasty. It was an excellent demonstration and later arthroscopic debridement of a massive cuff tear was pleasing to see. Mr. Samsani and Mr. Tolat took me to a restaurant for the taste of Indian food and I enjoyed their hospitality.

On Tuesday I met Mr. Vemulapalli at Queen's hospital at Romford. The morning session gave an insight into medical audit and I enjoyed the interaction of entire department on various aspects of implementing the system protocols. I gave talk on Ganga Hospital Score which was well received with lots of appreciation. During the afternoon session I saw a fixation of comminuted fracture of calcaneum where anatomical reduction was achieved which otherwise I would have managed conservatively. This is one surgery which I might want to do at home after seeing an excellent demonstration of the same.

Mr. Vemulapalli took all the traveling fellows for dinner. The next day was spent in King George hospital where Mr. Al-Sabti demonstrated arthroscopic shoulder procedures.

Mr. Venu arranged dinner meeting sponsored by Biomet at a Restaurant in Greenwich Village and later he dropped us off at the London Dome for a spot of sight seeing.

The next two days were spent in Kings college hospital London. Mr. Om Lahoti gave an insight into Taylor spatial frames and the next day was spent with Mr. Joydeep Sinha who demonstrated the arthroscopic shoulder procedures.

We left to Llandudno for IOS U.K. meeting. We were received and hosted by Amit Sinha. Mr. Murti Gollapudi met us while checking in at the hotel in Llandudno where the room allotment was chaotic. Murti was able to sort it and made us feel comfortable and I shared room with Dr. Guruva Reddy who gave insight into orthopaedic practice in India which was humorous and thought provoking.

The IOS meeting was academic and it also gave me some knowledge of the current state of NHS, the Indian doctors who are waiting jobs and training. I listened to Professor Angus Wallace and Professor Joe Dias with great interest and I requested Joe Dias to give his talk in India and appealed to all colleague British Indian surgeons in UK to spend some teaching time at our hospital and encourage Indian Doctors in publishing their work. I gave a brief report on the fellowship programme. Sunday was spent with scenic view of Llandudno on cable car ride to Great Orme, however the mood was spoilt by weather with drizzle.

Mr Murti Gollapudi took me and Manish to Leeds and we relaxed in his house. His family took care of us very well and enjoyed the dinner and the warmth and affection made me feel one among the family.

The next day Murti picked us at 6:30 am and I was impressed with punctuality, mannerisms and kind-heartedness of a down to earth gentleman who took care of us for three days. I visited Leeds General Infirmary, and Pontefract hospital.

I interacted with Simon Britton the limb reconstruction surgeon and Bernd Ketzer the shoulder surgeon. Here I saw arthroscopic subacromial decompression, scaphoid fixation in pathological fracture and wrist arthroplasty. I gave the lecture on Ganga Hospital Score to the local orthopaedic surgeons in the Leeds/Pontefract area at Oulton Hall Hotel and it was well received and ended with dinner.

This fellowship also gave me an opportunity to meet Dr. Venkateshwaran who visited my hospital recently and took me for dinner.

I met Ganga hospital Alumni members. The highlight of the fellowship from my part is the interaction with Prof. Peter Giannoudis in Leeds. He spoke on damage control orthopaedics and the future of orthopaedics. It is indeed the greatest experience to listen to the very best in business.

The last two days were spent in Manchester where the accommodation was in Manchester Marriot hotel. Here I visited Nikhil Shah who demonstrated pelvic fracture fixation with posterior approach.

I spent some time with Dr. Ram Mohan and family in Manchester who was incidentally my senior during post graduate days and also he used to guide me in studies and it was pleasure to spend some time with him. Mrs. Ram Mohan was kind enough to take me for shopping on the final day. On my return I experienced the worst ever traffic jam in Manchester and I had to miss the train which made me feel India is better place and gave a nice feeling that I am returning to India soon!

To conclude the traveling fellowship has given insight into the following

- To know the recent advances in shoulder the field of my interest.
- Punctuality
- Importance of laying down protocols and Audit to ensure that they are followed.
- The traveling fellowship has been smooth and well organized. The efforts taken by the team in spite of working to a tight budget was commendable

I wish the India Orthopaedic Society [UK] the very best for their future endeavors and I wish two way fellowships are instituted.

Overall the fellowship was extremely useful and highly recommended and I sincerely wish that the fortnight of education, Indian hospitality and the warmth continues throughout my career.

My special thanks to Murti, Venu and Arya and Biomet for supporting this educational tour.



Ajay Puri, Manish Chadha and Dheena Dhayalan, enjoying the sights of London

