



www.indianorthopaedicsociety.org.uk

Dear Member/Colleague

Please accept our sincere apologies for the delay in bringing out this newsletter. I trust that you all had a jovial and peaceful introduction to the New Year.

Our Society continues to be extremely busy as always. In particular the last six months have seen a plethora of events, culminating in the Indian Summer Programme, which was held in association with the BOA, during its Annual congress, on 15th September 2009 in Manchester. Indeed it can be said that our Society has truly come of age, with this event.

Indian Summer 2009

Following on the success of the Inaugural Indian Summer event held in September 2004 organized by Mr Bisal Muddu, the idea to mount a similar event took a concrete shape by early 2009, actively encouraged by the BOA. We then formed a core organizing committee with Messrs Bisal Muddu, Babu Peravali, Venu Kavarthapu, Anand Arya, Amit Sinha and Murti Gollapudi in March 2009. This committee was given unstinted support and help by all in the executive committee of IOS UK and indeed by many IOS UK members based in and around Manchester.

We were fortunate in attracting some renowned orthopaedic surgeons from India who gave us an insight into their areas of specialism, based on their vast personal and peer reviewed experience. Each of 6 speakers was chosen after inviting considered nominations from across our membership and the committee was amazed and pleasantly surprised by the quality and range of work being done in different centres in India. Out of the 30 or so nominations received, the following 6 speakers were finally selected:

Professor Shantharam Shetty on Osteoporotic Fractures

Professor Mayil Natarajan on Custom Mega Prostheses for Bone Tumours

DR Ramesh Kumar Sen on Stem Cells in Avascular Necrosis of Hip

Dr Shekhar Bhojraj on Spinal Tuberculosis

Dr Sanjay Desai on Recurrent Shoulder Dislocations – Restoration of Hammock

Dr Mangal Parihar on Rings, Past, Present and Future

The afternoon scientific session was divided into two parts and these were chaired by Professor Joe Dias and Ms Clare Marx respectively. In spite of the fact that there were competing sessions on other topics taking place at the same time, our meeting managed to attract up to 150 delegates. IOS UK would have preferred to be given a free run that afternoon without any competing simultaneous sessions and would also have preferred to have had the meeting in the main auditorium. This has been taken note of by the BOA hierarchy and hopefully in a future event, this would be redressed. Ms Marx has told me that the talks were so impressive that this event deserved a full day of its own!



From Left to Right: Prof Shantharam Shetty, Prof Mayil Natarajan, Dr Mangal Parihar, Dr Sanjay Desai, Dr Shekhar Bhojraj and Dr Ramesh Kumar Sen

After the hard grind of the academe, it was time for an evening of entertainment and fine dining and what a night it turned out to be! While it was disappointing that our guest of honour, The High Commissioner of India was unable to attend due to unavoidable reasons, his absence was ably filled by the Consul from Birmingham Mr Balaji who gave a short but inspiring speech. The presidents of the American Academy, Orthopaedic Associations of America, Canada, Ireland, South Africa, Australia and New Zealand graced the occasion along with their wives and partners. The amazing thing was that without any prompting from any of us, Ms Marx arrived wearing a beautiful sari and even persuaded

most of the presidential wives and partners to follow her example!



Ms Clare Marx resplendent in a sari!

As the diners enjoyed the delectable Indian delicacies washed down by fine wines, an eclectic mix of traditional and modern Indian variety entertainment greatly enhanced the enjoyment of all those assembled. Dr Rohini Sathish, a busy veterinarian in her day job and an accomplished singer, rendered many popular songs from Indian Cinema in her beautiful and well modulated voice. Mrs Rupa Ganesh of the Dance Troupe Upasana has choreographed classical Bharata Natyam dances, gracefully performed by her two young charges. There was also a scintillating Bollywood dance performance which left the audience wanting more!



Panoramic view of seated guests at the banquet
There were also short speeches: A welcome address by Mr Murti Gollapudi, Speeches from Mr Balaji, Ms Clare Marx and an extremely amusing after dinner speech from Mr Andrew Raftery, a retired renal transplant surgeon, on the shenanigans of the managers of the present day NHS. Mr Venu Kavarthapu gave a vote of thanks on behalf of IOS UK.

The evening was rounded off with a Bollywood disco.

This event was made possible by the close cooperation between IOS UK and the BOA. Our society was fortunate in raising £7000 in

sponsorship from DePuy, Boehringer-Ingelheim and JRI and this has gone towards the travel and accommodation costs of the six invited speakers. There were additionally some reasonable costs involved with entertainment mounted for the Banquet. BOA has fully underwritten the cost of the banquet dinner. It is therefore most likely that the event would be "Cost Neutral" to our society. The detailed accounts will as usual be presented at our next Annual conference in Kent, in June 2010.

The event was also made possible by the hard work put in by a number of people and our thanks go to all of those and in particular, to our sponsors.

11th annual Conference IOS UK, Llandudno, North Wales:

This was organized superbly by Mr Amit Sinha and his enthusiastic team. The scientific session took place on 20th June. A number of high quality podium presentations were interspersed with thought-provoking guest lectures from Professors Robert Owen, Angus Wallace, Joe Dias and Messrs Peter Kay, Glynne Andrew and Gurava Reddy, all appreciated by 76 delegates gathered in the well appointed Venue Cymru. There was also a symposium on "Training in the UK for Orthopaedic Surgeons from India" which stimulated a lot of discussion from the floor. The day was rounded off by a very enjoyable evening meal attended by the delegates and their families.

On the 20th June, the spouses were taken on a visit to Snowdonia and the beautiful Welsh countryside including a delightful train ride to the summit of Snowdonia.

On the following day, 21st June, the delegates and spouses enjoyed an invigorating morning on a trip to the Great Orme via cable cars, in spite of the inclement weather. The delegates and their families departed after a delicious lunch. Mrs Manjula Sinha and her colleagues deserve all the praise for organizing such a memorable social programme.



From Left to right: Mr Amit Sinha, Prof Angus Wallace, Mrs Manjula Sinha at the dinner

Overseas Activities:

Dr Deepak Shivanna of Bangalore has been elected unanimously as the Overseas Coordinator for IOS UK in India, at our 10th Annual Conference in Liverpool. He has been extremely active ever since, promoting various educational/training activities under the banner of IOS UK. An edited report is presented below. A full report is available on our website. IOS UK has already appealed to all the other state orthopaedic associations in India to contact IOS UK by e-mail, iosukmail@googlemail.com or Dr Shivanna by e-mail, deepdoc@gmail.com and our society would only be too happy to help and support similar activities across the length and breadth of India. Indeed, it would be great if IOS UK can have regional representatives across India as already mooted several times in the past, to coordinate such activities. Perhaps all our members should liaise with their respective contacts in various state chapters of IOA to initiate the process.

Report from Dr Deepak Shivanna, Overseas Coordinator in India for IOS UK

I begin by offering my sincere thanks to the IOS UK for giving me the responsibility of being the overseas coordinator for IOS UK, in India. I have had consistent support from a number of colleagues, in particular Mr Bisal Muddu and Dr Rajeev Naik, President Elect of IOA for 2011, in performing this onerous task. The following educational/training events were initiated and supported by IOS UK, in India during the year 2009.

Courses & Symposia

4th Bangalore Shoulder Course – September 2009 – 2 day Comprehensive shoulder course & Workshop Organised by Dr Mahesh Reddy and Mr Bisal Muddu

.CME course on Uncemented Total Hip Arthroplasty – BMCRI – AUGUST 2009 Dr. Thorsten Gehrke, director of Endoklinik, Hamburg was the course director.

A Symposium on Lower limb arthroplasty/ revision arthroplasty, 24th August 2009.

Organized by Dr. Mahesh Reddy & Dr. Deepak Shivanna.

The symposium lecture was given by Dr. Thorsten Gehrke, Director – Endoklinik, Hamburg.

Medical Electives – At Sparsh Hospital, Narayana Hrudayalaya & Victoria Hospital, Bangalore

Dr. Navnith Makaram, 1st year medical student from Edinburgh University spent 4 weeks at Sparsh Hospital and Victoria Hospital in Bangalore in June/July 2009.

Dr. Abhilash Sudrashanam 2nd Year Medical Student from Sheffield University spent 4 weeks in July/August 2009

Karnataka Orthopaedic Association-International Travel Fellowships - under patronage of Mr. Bisal Muddu and under aegis of IOS UK

Dr. Anand Galagali and Dr. Anup Kumar spent 2 weeks in various hospitals of UK. They attended the IOS (UK) meeting in June 2009 as a part of the programme. This fellowship programme is run by Karnataka Orthopaedic Association and is supported by IOS (UK). They presented papers in the IOS (UK) Meeting and won best paper award.

Bangalore Orthopaedic Society Travel Fellowship

Dr. Somashekar and Dr. Atmaram spent two weeks in the United Kingdom during December 2009 as a part of International travel fellowship which started from this year.

Merit based Free Subscriptions to Orthoteers for Indian Trainees

30 free subscriptions are being provided to orthopaedic trainees of India for the year 2010 -2011. Thanks to Mr. Len Funk for providing the subscription through orthoteers.com. The subscription will be given to the prize winners of various state / regional conferences. Please contact india@orthoteers.com for further details

Deepak Shivanna

Indo-British Travel Fellowship Programmes 2009:

As in 2008, we had two separate programmes, one in June 2009, of three junior fellows from India, visiting various centres in UK over two weeks, attending the Llandudno meeting of IOS UK in the intervening weekend. The senior programme took place in September 2009, over two weeks, with attendance at the BOA congress as its centre piece. This year we had only 2 senior fellows, as the 3rd candidate had to withdraw at the very last minute, due to a sudden illness in his family. Both these tours required considerable organization with Mr Venu Kavarthapu and Mr Anand Arya, taking on brunt of the work. Each of these tours posed us different challenges. As most of you are aware, Biomet gave us a grant of £4000 for the junior tour and asked us just to get on with it! This required considerable ingenuity on our part to stay within budget which included searching for budget accommodation, cheap rail tickets, ferrying the fellows in personal cars etc.

With regard to the senior tour, although this was fully sponsored by DePuy India, there were still considerable logistical problems to be overcome with individual needs of the fellows. In the end it was satisfying to note that all the fellows have greatly benefited from their experience in the UK. Their full reports are available on our website.

Junior Fellows:

Dr Deena Dayalan - Coimbatore
Dr Ajay Puri – Mumbai
Dr Manish Chadha –Delhi

Senior Fellows:

Professor Mandeep Dhillon – Chandigarh
Professor Sudhir Kapoor – Delhi



Junior fellows from left to right: Dr Ajay Puri, Dr Manish Chadha, Dr Deena Dayalan



From left to right: Prof. Dhillon, Mr Michael Bell, Prof. Mayil Natarajan, Ms Clare Marx, Prof Shetty, Mr Murti Gollapudi, Prof Kapoor, Mr Venu Kavarthapu

Additionally, IOS UK has now agreed to arrange travelling fellowship programmes for fellows chosen and funded by the Indian Orthopaedic Association specialist societies. The first such fellowship was completed by Dr Manish Khanna, Consultant orthopaedic Surgeon from Lucknow and Secretary of Indian Foot & Ankle society during October 2009. He visited various hospitals in London including King's College Hospital and Great Ormond Street Hospital.

Looking ahead to the 2010 round of travel fellowships, IOS UK is still in negotiation with DePuy India for the senior fellowship programme. Biomet UK however have in principle agreed for a similar grant this year as last year for the junior programme and we are awaiting their confirmation.

12 Annual Conference IOS UK, Bridgewood Manor Hotel, Gillingham, Kent 19th and 20th June 2010:

The local organizing committee chaired by Mr Srinivas Samsani is already hard at work and if initial reports are any indication, this meeting is going to be best ever yet! Dr Ashok Johari, President of the Indian Orthopaedic Association has accepted our invitation to attend and deliver a guest lecture. A very high calibre scientific programme is being drawn up along side a sizzling social programme in the garden of England. So please keep these dates in your diary and await further announcements.

IOS UK Participation in the Annual Conference of IOA November 2009, Bhubaneshwar

Messrs Gautam Chakrabarty, Amit Sinha, Anantharam Shetty, Ravi Dimri, Ravi Pydisetty, Rakesh Dalal Vishal Sahni and Murti Gollapudi, attended the conference as a delegation from IOS UK and delivered guest lectures on wide ranging topics covering both upper and lower limbs. Many of them also chaired sessions and moderated various symposia during the meeting. Mr Gautam Chakrabarty has done a splendid job in coordinating our travel and presentations at the meeting. Our thanks are also due to local organizing committee led by Dr Pradhan and to Prof Shetty, Prof Kapoor and Dr Sanjay Das (president Orissa State Chapter IOA) for looking after us so well at Bhubaneshwar. It was immediately apparent to us both at the Inaugural function and during the course of the meeting that IOA holds our Society in highest regard and we had the opportunity as members of the IOS UK to reciprocate the same sentiments to the IOA.



From Left to Right: Ravi Pydisetty, Vishal Sahni, Ravi Dimri, Prof Shantharam Shetty (President IOA), Rakesh Dalal, Gautam Chakrabarty, Murti Gollapudi, Amit Sinha at IOACON , Bhubaneshwar

Murti Gollapudi
Editor

